



COUNTY OF GALVESTON

DATE: January 22, 2014

TO: Galveston County Retirees (Base & Buy-Up Medical Plan Participants ONLY)

FROM: Galveston County Human Resources Department

SUBJECT: Tobacco Cessation Programs

The County has a whole new focus on wellness! To kick off 2014, Commissioners Court approved the implementation of a tobacco cessation program and premium as follows to help improve your overall health. (**Special Note:** Spouses are not included in this offering at this time.)

TOBACCO CESSATION PROGRAM:

Through our partnership with CareHere, the County will begin holding tobacco cessation courses periodically throughout 2014! For each retiree participating in a CareHere Tobacco Cessation course, the County will cover the cost of participation and materials, as well as any costs associated with an approved tobacco cessation product that works best for you during the course of your participation. Please watch for the upcoming announcements with dates and times of each opportunity.

TOBACCO-USER PREMIUMS (Effective July 1, 2014):

These courses are being offered in preparation for the implementation of a tobacco-user premium that will go into *effect as of July 1, 2014* for any retiree on the medical plan that tested positive through their health risk assessment (HRA) performed by CareHere as a tobacco user, but has not participated in a County offered Tobacco Cessation course. These premiums are as follows:

MEDICAL PLANS: MONTHLY PREMIUMS	BASE PLAN		BUY-UP PLAN	
	Non-Tobacco User	Tobacco User	Non-Tobacco User	Tobacco User
Retiree Only	\$80	\$120	\$150	\$225
Retiree & Spouse	\$220	\$260	\$275	\$350
Retiree & Child(ren)	\$175	\$215	\$255	\$330
Retiree & Family	\$300	\$340	\$395	\$470

Wishing you and your family a healthier 2014!