

Galveston County Congregate Cycle 1, 2017 Final Menu January

Monday 1/2/2017	Tuesday 1/3/2017	Wednesday 1/4/2017	Thursday 1/5/2017	Friday 1/6/2017
Closed for Holiday	King Ranch Chicken Casserole Buttered Rice Parslied Carrots Dinner Roll Coconut Cake Milk Diet - Cake	Beef Stew Whole Kernel Corn Broccoli Cornbread Fresh Fruit Milk Margarine Diet - Same	BBQ Rib Patty+ Potato Salad Mixed Beans Texas Bread Apple Raisin Compote~ Milk Diet - Hot Apple Slices w/Raisins	Turkey Chili* Stewed Tomatoes Mixed Greens Dinner Roll Fresh Fruit Milk Diet - Same

Monday 1/9/2017	Tuesday 1/10/2017	Wednesday 1/11/2017	Thursday 1/12/2017	Friday 1/13/2017
Baked Chicken Breast Chicken Gravy Macaroni and Cheese Brussels Sprouts Wheat Roll Fresh Fruit Milk Diet - Same	Beef Strip Steak Brown Gravy Garlic Whipped Potatoes^ Broccoli Dinner Roll Fresh Fruit Milk Diet - Same	Turkey Breast w/Gravy* Lima Beans Orange Carrots Texas Bread Strawberry Shortcake Milk Diet - Cake	Beef Rice Casserole~ Herbed Green Peas Squash Medley Wheat Roll Vanilla Pudding w/Oranges~ Milk Diet - Vanilla Pudding	Sausage w/Red Beans* Okra and Tomatoes Cabbage Cornbread Fresh Fruit Milk Margarine Diet - Same

Monday 1/16/2017	Tuesday 1/17/2017	Wednesday 1/18/2017	Thursday 1/19/2017	Friday 1/20/2017
Swedish Meatballs Egg Noodles Squash/Zucchini/Tomatoes Wheat Bread Fresh Fruit Milk Diet - Same	Baked Chicken Breast Chicken Gravy Confetti Rice Herbed Green Beans Dinner Roll Fresh Fruit Milk Diet - Same	Creole Beef Patty Garlic Whipped Potatoes^ Glazed Carrots Wheat Roll Frosted Chocolate Cake^ Milk Diet - Cake	Sausage w/Onion & Peppers* Ranch Beans Catalina Vegetable Blend Hot Dog Bun  Yellow Cake Chocolate Frosting^ Milk Mustard Diet - Cake	Lemon Pepper Fish Black-Eyed Peas Garden Vegetable Blend Cornbread Fresh Fruit Milk Tartar Sauce Diet - Same

Monday 1/23/2017	Tuesday 1/24/2017	Wednesday 1/25/2017	Thursday 1/26/2017	Friday 1/27/2017
Grilled Pork Patty w/Gravy+ Mashed Red Potatoes^~ Tuscany Vegetable Blend~ Wheat Bread Fresh Fruit Milk Diet - Same	Cheesy Beef Macaroni Glazed Beets Broccoli Whole Wheat Breadstick Fudge Cream Cookie Milk Diet - Same	Turkey Ham w/White Beans* Parslied Rice Spinach Cornbread Fresh Fruit Milk Margarine Diet - Same	Hamburger Patty Shredded Lettuce/Pickles Baked Pinto Beans Hamburger Bun Apple Cobbler Milk Mustard Catsup Diet - Hot Apple Slices	Chicken Salad Green Pea Salad Tomato Spoon Relish Saltine Crackers Gingerbread Cookie Milk Diet - Same

Monday 1/30/2017	Tuesday 1/31/2017	^ - Contains Sulfites *- Turkey + - Pork ~ - New Menu Item		
Meatloaf Brown Gravy Parslied Rice Squash Medley Wheat Bread Fresh Fruit Milk Diet - Same	Smoked Sausage* Ranch Beans Spring Vegetable Blend Hot Dog Bun Fresh Fruit Milk Mustard Diet - Same			

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