

# February 2026

happy valentine's day

Monday	Tuesday	Wednesday	Thursday	Friday
2/2/2026	2/3/2026	2/4/2026	2/5/2026	2/6/2026
Meatloaf Brown Gravy Delmonico Potatoes Stewed Tomatoes Wheat Bread Fresh Fruit Milk 621 Calories 1008mg Sodium	Lemon Caper Breaded Chicken Rice Br occoli Texas Bread Fresh Fruit Milk 707 Calories 886mg Sodium	Hamburger Patty Shredded Lettuce/Pickles Ranch Beans Hamburger Bun Hot Cinnamon Applesauce Milk Mustard and Ketchup 648 Calories 898mg Sodium	Chicken Chow Mein Lentils Sliced Carrots Graham Crackers Milk 672 Calories 619mg Sodium	Three Cheese Ziti Green Beans Cabbage Wheat Bread Fresh Orange Milk 608 Calories 775mg Sodium
2/9/2026	2/10/2026	2/11/2026	2/12/2026	2/13/2026
Polish Sausage+ Oven Roasted Potatoes Spring Vegetables Hot Dog Bun Fresh Fruit Milk Mus tar d 738 Calories 1364mg Sodium	Salisbury Beef Brown Gravy Garlic Whipped Potatoes Broccoli Texas Bread Strawberry Craisins Milk 719 Calories 1186mg Sodium	Chicken Taco Charro Beans Parslied Carrots Flour Tortilla Fruited Lime Gelatin Milk Taco Sauce 687 Calories 696mg Sodium	Beef Chili with Beans Rice Diced Beets Saltine Crackers Nutty Buddy Bar Milk 608 Calories 801mg Sodium	Valentine's Day Pineapple Glazed Ham+ Whipped Sweet Potatoes Broccoli Dinner Roll Brownie Milk 709 Calories 1099mg Sodium
2/16/2026	2/17/2026	2/18/2026	2/19/2026	2/20/2026
Cilantro Lime Chicken Pinto Beans Mexican Style Tomatoes Flour Tortilla Fresh Fruit Milk 646 Calories 1029mg Sodium	Korean BBQ Beef Meatballs Rice Asian Cabbage Wheat Bread Oatmeal Cream Cookie Milk 742 Calories 1177mg Sodium	Lemon Pepper Pollock Lentils Glazed Carrots Wheat Bread Fresh Banana Milk 679 Calories 622mg Sodium	Sausage w/Onions/Peppers+ Parslied Penne Pasta Broccoli Wheat Bread  Birthday Cake Milk 768 Calories 1251mg Sodium	Rotini and Cheese Brussels Sprouts Mixed Vegetables Texas Bread Fig Bar Milk 730 Calories 860mg Sodium
2/23/2026	2/24/2026	2/25/2026	2/26/2026	2/27/2026
BBQ Pork Rib Patty+ Whipped Potatoes Mixed Vegetables Wheat Bread Fresh Fruit Milk 683 Calories 1312mg Sodium	Tomato Alfredo Breaded Chicken Penne Pasta Green Beans with Onions Texas Bread Oreo Cookies Milk 737 Calories 1158mg Sodium	Beef Taco Pinto Beans Sliced Carrots Flour Tortilla Fudge Cream Cookie Milk 632 Calories 726mg Sodium	Turkey Jambalaya* Country Tomatoes Seasoned Cabbage Saltine Crackers Craisins Milk 611 Calories 660mg Sodium	Bean Chili Parslied Rice Spinach C or nbr ead Fresh Fruit Milk Mar gar ine 828 Calories 510mg Sodium

